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From the Town Manager's Office

BUDGET SCHEDULE - 2017 - 2018

February 16, 2017 February 21, 2017 February 28, 2017	Capital Budget Public Hearing – Council Chambers – 7:30 pm. Board of Education submits Budget to Manager Manager convenes joint meeting between Council and Board of Education (by April 11 per Charter requirement). Recommendations & suggestions to BOE regarding consolidation of non-education services and cost savings (10 days from date of receiving BOE Budget per State Statutes (Public Act 13-60)) – Council Chambers – 7:00 pm.					
March 8, 2017	Manager submits Budget to Council					
March 9, 2017	Mgr. discusses Budget w/Council-Council Chambers - 7:00 pm.					
March 15, 2017	Mgr. discusses Budget w/Council-Council Chambers - 7:00 pm.					
March 16, 2017	Mgr. discusses Budget w/Council-Council Chambers - 7:00 pm.					
March 23, 2017	PUBLIC HEARING on Manager's Recommended Budget: Board of Education, Town					
	Government, Capital Improvement Plan - THS Auditorium - 7:30 pm.					
March 30, 2017	Council Discussion - Budget Finalized - Council Chambers - 7:30 pm.					
April 20, 2017	ANNUAL BUDGET PRESENTATION MEETING – THS Auditorium – 7:30 pm – BOE is provided an opportunity to present a revised adopted budget based on funding approved by Town Council and other line item updates					
April 24, 2017	Budget Presentation – Senior Center – 12:30 pm.					
May 2, 2017	Annual Budget Referendum					

Council Establish Mill Rate upon referendum adoption



By May 9, 2017



TM Ventures, LLC dba Essex Printing & Events Magazines

18 Industrial Park Road, P.O.Box 205 Centerbrook, CT 06409

860-767-9087 Fax 860-767-0259 email: print@essexprinting.com www.essexprinting.com

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Cover Design

by AC Proctor.
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Visit our website at: www.tolland.org

We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.

Town Manager's Office Recycling & Bulky Waste Schedule

ELECTRONIC RECYCLING COLLECTION EVENT - APRIL 29, 2017

The Town of Tolland will be sponsoring a Free Residential Electronics Recycling Event at Tolland High School, One Eagle Hill Road, on Saturday, April 29, 2017. The one-day event is from 8 am to noon. For details and a list of accepted and unaccepted materials, visit: www.ewaste-recycle-ct.com.

TOWN SPONSORED METAL/BULKY WASTE PICK-UP SCHEDULED FOR MAY

Town sponsored metal/bulky waste pick-up will be picked up at no charge during the first full week of May 2017 (week of May 1st). RESERVATIONS ARE REQUIRED AT LEAST (4) BUSINESS DAYS IN ADVANCE OF YOUR NORMAL

PICK-UP DAY.

To schedule your pick-up please call 800-286-5335 or 860-423-4527 or go to www.williwaste.com and click on "Tolland Residents Only." Please remember, you must schedule at least (4) business days in advance of your normal pick-up day. For a complete list of acceptable items please visit us on the web at http://www.tolland.org/solid-waste-recycling.

Homeowners are asked to place bulky waste items at the curb as close to the date of the scheduled pick-up as possible and remember, oil pick-up at curbside has been eliminated due to environmental concerns. Some auto parts businesses take used motor oil for a small fee such as Bill's Auto Parts and Anderson Automotive.

Want to reach every home & business in town?

Call Tom Fortin at 860.299.4568



Tolland Recreation Department

CONTACT INFORMATION

104 Old Post Road Office: 860-871-3610 Fax: 860-870-6876 Info-line: 860-871-3625

OFFICE HOURS

Monday-Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-7:30 pm

Friday: CLOSED

MAILING ADDRESS

21 Tolland Green Tolland, CT 06084

REGISTRATION WEBSITE

Registration Website: www.tollandrec.com Email: tollandrec@tolland.org

RECREATION STAFF

Director: Bruce Watt bwatt@tolland.org

Administrative Assistant: Kim Grimes

kgrimes@tolland.org

RECREATION BOARD

Jeff Maron, Chairman

Larry Gramling Ray Milvae David Boland Anthony Ciccone Nicholas Hany David Clokey

The Board meets every second Monday of the month. All meetings are open to the public.

Spring Registration Begins On:

MONDAY, JANUARY 16, 2017 Please visit our registration site at www.tollandrec.com

Recreation News

THANK YOU

The Tolland Recreation Department would like to thank our sponsors for the 2016 Tolland C.A.R.E.S. Program. The scholarship program was created to help children in need to get more active in recreational activities. The benefits of recreation include: exercise which

provides the opportunity to combat obesity and entertainment which provides social opportunities, and much more. This scholarship is for Tolland residents only and is an ongoing program.

- Integrated Rehabilitation Services LLC
- Cider Mill Road Race
- · Frederick Daniels DDS and Jaclyn Cattanach DMD
- Fenton River Veterinary Hospital
- Morrison and Johnson Inc.
- · Wild Flowers of Tolland
- Cathy and Larry Gramling
- Worker's Federal Credit Union
- Tolland Pizza

Tolland Recreation Department

ACTIVITY AND PROGRAM **PICTURES**

Throughout the year Andre Garant has taken pictures of our activities and programs. If you would like to see them



From Youth to Adult • From Athletes to Weekend Warriors

Sports Medicine & Orthopedic Surgery, P.C.

OUR PHYSICIANS



DANIEL M. VELTRI, M.D. Board Certified in Orthopedics with Subspecialty Certificate in Orthopedic Sports Medicine



ancelot Worgan, Pa-C Board Certified in Orthopedics

Physician Assistant who conducts medical exams, diagnoses and treats illnesses, orders and interprets tests and assists in surgery

OUR SERVICES

- Injury Evaluation, Treatment and Prevention Plans Arthroscopic Surgery, Fracture Care/Surgery Joint Care for Injuries, Inflammation and Arthritis Sports Medicine for All Activities

- **Shoulder & Knee Ligament Surgery**

WHAT OUR **PATIENTS** *Dr. Veltri performed an ACL replacement on my knee. SAY... He and his staff are very friendly and courteous. Their professionalism, along with multiple

successful referrals helped put my mind at ease throughout the preparation and recovery periods I am looking forward to playing soccer again!" - John T., Ellington

"Dr. Veltri repaired the bicep tendon and rotator cuff in my left shoulder, and after a few weeks I could lift my arm better than before my injury. The Surgical Center also took great care of me." - John W., Tolland

Lance knew exactly what to do for the compression fracture in my back and I was able to get back to basketball a lot sooner than I ever expected" - Erin H. Ellington

ACCEPTING PATIENTS AT BOTH LOCATIONS

360 Tolland Turnpike, Suite 3C, Manchester, CT Star Hill Family Athletic Center, 100 Gerber Drive, Suite 2A, Tolland, CT

860-649-0063

Visit Our Updated Website at www.sportsmedct.com

please go to: www.flickr.com/photos/63906149@N02/ Andre Garant-Photography on Demand

General Information

INSURANCE

All persons participating in Recreation programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department-sponsored programs do so at their own risk.

ADA

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

PARTICIPATION

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

AGE REQUIREMENT

To participate, children must meet minimum age before the class starts.

INCLEMENT WEATHER

Program cancellations due to inclement weather are broadcast on Channel 3's Early Warning Announcements and are announced via email blasts through the Recreation Department's registration system.

SCHOLARSHIP PROGRAMS

It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

REGISTRATION INFORMATION

MAIL-IN

Registrations are accepted on a first-come/first-served basis. A registration form is available at TollandRec.com. Mail your completed form with separate checks for each program to: Tolland Recreation Department
21 Tolland Green, Tolland, CT 06084

Consider yourself registered if you do not hear from us. Include your email address or a self-addressed, stamped envelope with registration if you would like a copy of your receipt.

continued on page 6







Scott D. Morey, DVM, MS Heidi L. Morey, DVM, MS



860.870.8701

9F Fieldstone Commons (Big Y Plaza) Tolland CT

FentonRiverVet.com

fentonrivervet@gmail.com





ONLINE

www.tollandrec.com

Town Website - www.tolland.org

Participants registering online will be confirmed online. Not all classes can be registered for online; however you may view all classes.

FAX-IN

860-870-6876

INFORMATION

Be sure to complete all information when registering.

CLASSES

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

PAYMENT

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

REFUNDS

Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$10.00 processing fee. Programs less than \$15.00 receive an account credit.

TRIP CANCELLATION

You will be refunded only if the spot can be filled. Requests for refunds must be in writing and are subject to a \$10.00 processing fee.

PROGRAM LOCATIONS

Birch Grove School, 247 Rhodes Rd, Tolland Crandall Park. 64 Cider Mill Rd, Tolland Skungamung River Golf Course, 114 Folly Ln, Coventry Tolland Intermediate School (TIS), 96 Old Post Rd, Tolland Tolland Middle School (TMS), 1 Falcon Way, Tolland Tolland High School (THS), 1 Eagle Hill Rd, Tolland Tolland Recreation Center, 104 Old Post Rd, Tolland Tolland Tennis Courts, Old Cathole Rd, Tolland Youth Garden, Cider Mill Rd, Tolland-by Lions Field

PARK FACILITIES

All parks are open sunrise to sunset. Dogs are required to be on a leash. Dogs are NOT allowed on athletic fields!!

CRANDALL PARK:

64 Cider Mill Road - 350+ acre Town Park containing 3 tennis courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

Events Presents ~ Ray Page Plumbing, Inc.



Ray Page started his own Plumbing business after working in the area as a Plumber for over 20 years! Providing customers with a quality product, exceptional service, and being there when needed was something that Ray wanted to provide, and he did just that!

All the employees at Ray Page Plumbing, Inc. are like family and they treat their customers as family too. They know that when it comes to someone taking care of your home, you want to it be someone that is there to get the job done right, efficiently, and at the best price possible. Ray Page Plumbing, Inc. recently moved their office to Rte 83 in Vernon.

They welcome you to come set up your appointment in person, drop off FREE water quality sample, talk to a Plumber, or just to say Hello! They offer a wide variety of Plumbing Services including: residential service & repair, water heaters, water tanks, drain cleaning and rooting, video, inspect & locating, gas piping and repipe, appliance installation, bath and kitchen remodeling, whole house repipe, valve replacements, water quality testing and MORE!

They thank the community for choosing them as their friendly, local Plumbers since 2007!



PAVILION:

Is an open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. A 6' gas grill is available to rent for a nominal fee. Rental by reservation only through the Recreation Office. Call the Recreation Office at 860-871-3610 for fee schedule and available dates.

"THE LODGE:"

The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, businesses, daytime, nighttime and weekends. Building contains fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation Office at 860-871-3610.

RIVER PARK:

South River Road - 2 Little League size baseball fields, river access.

HERON COVE PARK:

125 South River Road - Small soccer field, multipurpose field, basketball court & canoe launch.

TENNIS COURTS:

Old Cathole Road - Six all weather tennis courts across from Tolland Middle School

CROSS FARMS RECREATION COMPLEX:

Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand and soon - Adam's Adventure an all-inclusive play structure.

ALL WEATHER TURF FIELD:

A beautiful lighted synthetic turf field at Tolland High School. The field (with permanent lines for football, soccer and lacrosse) is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site www.tolland.org/recreation.

The Town of Tolland is an Equal Opportunity Employer www.tolland.org

TOLLAND YOUTH SPORTS LEAGUES & GROUPS

Tolland Boys Travel Basketball-www.tollandbasketballclub.com Girls Travel Basketball-Tollandgirlstravelbasketball@gmail.com Tolland Lacrosse-www.tollandlacrosse.org Tolland Little League-www.tollandlittleleague.org Tolland Soccer Club-www.tollandsoccer.com Tolland Youth Football

continued on page 8

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& Cheerleading-www.tollandeaglesyouth football.com Tolland Garden Paths

Youth Garden-www.tgpyouthgarden@comcast.net

PUBLIC SERVICE AGENCIES

Tolland Library 860-871-3620
Tolland Senior Center 860-870-3730
Tolland Human & Youth Services 860-871-3648

Rentals

TOLLAND RECREATION CENTER - ROOMS FOR RENT FOR PARTIES, EVENTS OR WEEKEND MEETINGS

Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Rooms are available for meetings on a limited basis to non-profit groups at no cost. Call the Recreation Office at 860-871-3610 to get rates and check on availability.

THE LODGE at CRANDALL PARK II

A year-round rental facility overlooking Powell Pond; 124 Cider Mill Road, Tolland, CT 06084. Available to residents, non-residents, businesses, etc. in groups



of 100 or less for special events such as weddings, showers, picnics, parties, or meetings. The building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at 860-871-3610 for more information, rental fees and available dates.

Amenities:

Our Services:
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Dental Care
Surgery

Surgery Orthopedic Care Ultrasounds

X-Rays





Our mission is to always take care of our patients as if they were our own pets. Friendly and professional, our staff are very knowledgeable and we are happy to answer any questions you may have about your pet's overall wellness, including behavior, diet, & exercise concerns. Our experienced doctors are dedicated to the health of your pet.

Accepting New Patients



Tolland Veterinary Hospital • 70 Hartford Turnpike • Tolland, CT 06084

Phone: 860.875.5748 • Fax: 860.875.1494 • Hours: Monday - Friday: 9am - 6pm, Saturday: 9am - 1pm

- Kitchen with warming oven, microwave, double door refrigerator (no freezer)
- Two sided field stone fireplace
- Cedar planking on interior walls
- Tables & chairs to accommodate groups of up to 100
- Clean bathrooms
- Sound system with CD player, iPod connection
- 6' gas grill (available for additional charge)
- Horseshoe pits
- Easy access to hiking trails and fishing pond

Preschool Programs

TOLLAND TYKES PRESCHOOL OPEN HOUSE

Tolland Tykes will be hosting an Open House on Wednesday, January 18, 2017 (snow date Wednesday, January 25, 2017) from 6:00 to 7:30 pm at the Tolland Recreation Center, 104 Old Post Road, Tolland, CT. Come meet the teachers and see what we are all about!

TOLLAND TYKES



Tolland Tykes Preschool

PRESCHOOL

For 3 & 4 Year Olds. Classes begin September 2017. Our 3 year old class meets on Tuesdays and Thursdays from 9:00 am to 11:30 am, September through May (32 weeks). The tuition for this program is \$1,025.00 payable in *two (2) installments (August & January). Children must be 3 years old on or before December 31st. 4 year old class meets on Mondays, Wednesdays & Fridays from 9:00 am to 12:00

pm, September through

May (32 weeks). The tuition for this program is \$1,580.00, payable in *two (2) installments (August & January). Children must be 4 years old on or before December 31st. We will be holding an open enrollment on a first-come, first-served basis. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee. Registration forms can be found on our department's website at www.tolland.org or www.tollandrec.com. For more information or if you have any questions please check out our website at www.tollandrec.com or feel free to contact the Recreation Office at 860-871-3610.

continued on page 10

CAR RENTALS



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23 C Fieldstone Commons
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Tolland, CT 06084
860.871.6507
www.TollandEye.com



FIT TOTS

The focus of this program is to get children involved in physical activity at an early age. This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing, and other skills. Boys and girls will participate in exercise, dancing and fun games. Instructor: Patricia Stauder (Ms. Pat)

Day: Wednesdays

Date: February 22-March 15, 2017

Time: 5:30-6:15 pm

3-5 Ages:

Fee: \$50.00 Res. / \$55.00 Non-Res. 4 weeks

Location: Tolland Recreation Center

MUSIC and MOVEMENTS for TOTS

A wonderful group experience! Come sing, dance, play and move to the beat. This stimulating program will introduce children to a variety of music and instruments. Instructor Jill Maznicki will lead the class in finger plays, songs, bounces, and developmentally appropriate group activities. Parent participation is required.

Day: Fridays

Date: March 10-May 5, 2017 (winter session 2)

(No class April 14)

9:30-10:15 am Time:

1-3 Ages:

\$65.00 Res./ \$70.00 Non-Res. 8 weeks Fee:

Location: Tolland Recreation Center

Youth Programs

TOLLAND RECREATION AFTER SCHOOL PROGRAM

Open to boys and girls in grades 3rd – 8th. We are happy to be able to offer this program as an alternative to your child going home alone. Our program runs out of the Recreation Center and participants will be met at the Tolland Intermediate School and walked up to our building. You have the option of signing up for 3, 4 or 5 days a week. Program participants will have the opportunity to work on homework, enjoy some quiet time, have a snack and then expend energy participating in games and sports either in the gym or outside. Instructor: Tolland Recreation Staff

Day: Monday - Friday

Date: August 31, 2016-June 09, 2017

Time: 2:30-6:00 pm Ages: Grades 3-5 and 6-8

Fee: 3 days a week - \$150.00 per month

> 4 days a week - \$190.00 per month 5 days a week - \$230.00 per month

Payment Rates are per month: Due on or before the 15th of each month before the month participating (Ex. February's payment is

due January 15th)

Location: Tolland Recreation Center

BABYSITTER SAFETY - 101

This course is for youths age 10 and up with the most common age being 12. This is an entry level course intended to teach age-appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with an emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Booklet, handouts and Babysitter Safety Certificate of completion included. Bring a snack. Instructor:

LifeSafe Services Staff Day:

Date: March 25, 2017 Time: 9:00 am - 1:00 pm

Saturday

Ages: 13 and up

\$50.00 Res. / \$55.00 Non-Res. Fee: Location: Tolland Recreation Center

BABYSITTER SAFETY - 102

This course is for youths 12 and up with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario-based, expanded course includes additional First Aid concepts, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing barrier device. Prerequisite: Babysitter Safety 101 within the last 365 days.

Day: Saturday Date: April 8, 2017 Time: 9:00 am-noon Ages: 13 and up

Fee: \$50.00 Res./ \$55.00 Non-Res. Location: Tolland Recreation Center

YOUTH SPORTS

Volleyball Clinic Girls

Learn the fundamentals of volleyball in a fun environment from the coaching staff and players from Tolland High School. Each

session will include instruction and playing of games. In case of inclement weather, program will be held at TIS. Fee includes T-shirt. Instructor: Vinnie Cianfarani & Ken Brown

Day: Tuesdays

Date: April 25 - May 30, 2017

Time: 6:00 - 7:30 pm Ages: Grades 4th - 8th

Fee: \$63.00 Res. / \$68.00 Non-Res. 6 weeks

Location: Tolland High School

JUKIDO - Beginner

Based on the ancient art of Jujitsu, Jukido helps build focus, determination, confidence and sportsmanship. The emphasis is on safety and doing one's best while learning the basic principles and self-defense techniques. Instructor Todd Sise is a 4th degree black belt certified with the International Kokondo Association.

Day: Tuesdays

Date: April 4–June 6, 2017

(No April 11, May 2)

Time: 6:00 - 7:00 pm

Ages: 6 - 8

Fee: \$37.00 Res./ \$42.00 Non-Res. 8 weeks

Location: Tolland Recreation Center

JUKIDO - Youth

This class builds on the fundamentals learned in the Beginner

class. Helps build focus, determination, confidence and sportsmanship. Instructor Todd Sise is a 4th degree black belt certified with the International Kokondo Association.

Day: Tuesdays

Date: April 4–June 6, 2017 (No April 11, May 2)

Time: 7:00 - 8:00 pm

Ages: 9 -14

Fee: \$37.00 Res./ \$42.00 Non-Res. 8 weeks

Location: Tolland Recreation Center

Day: Thursdays

Date: April 6 – June 1, 2017 (No April 13)

Time: 6:00 - 7:00 pm

Ages: 6-14

Fee: \$37.00 Res./\$42.00 Non-Res. 8 weeks

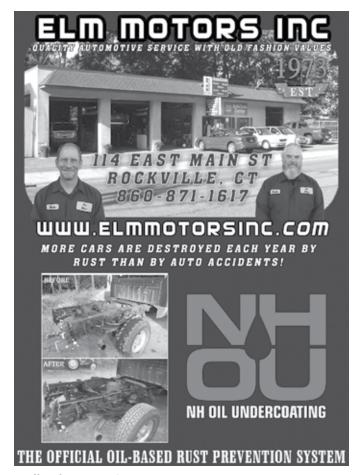
Location: Tolland Recreation Center

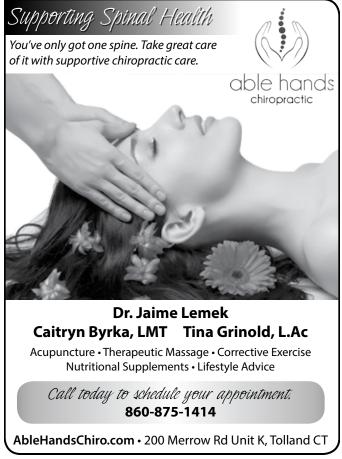
DODGEBALL AFTER SCHOOL

A chance for some after school fun playing the popular game of dodgeball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at school and walked up to the

Recreation Center. Instructor: Rich Lavigne

Day: Wednesdays continued on page 12







Date: March 8 - April 19, 2017

(no class March 29, April 12)

Time: 3:30 - 5:00 pm Ages: Grades 3rd - 5th

Fee: \$30.00 Res./ \$35.00 Non-Res. 5 weeks

Location: Tolland Recreation Center



TENNIS CLINIC Coed

Tennis instruction for beginner and intermediate players. Learn and improve on basic techniques through the use of specially designed drills. Learn how to play points and matches to win. Instructor: Kate Tellers, former coach at UConn with over 16 years of coaching experience

Day: Sundays

Date: April 2 – May 14, 2017

(No class April 9)

Time: 4:30 - 5:30 pm - Ages: 6 & up

5:30 - 6:30 pm - Ages: 12- 18

Fee: \$60.00 Res. / \$65.00 Non-Res. 6 weeks

Location: Crandall Park Courts

CRANDALL'S SUMMER CAMP INFORMATION

At Crandall's Summer Camp, we strive to engage your child in a variety of activities that include outdoor games, sports, nature, arts & crafts, creative games, swim time, special events and field



trips. Children should bring a lunch, water bottle (please do not send glass), snacks, bathing suit and a towel each day. Please remember sunscreen and teach your child how to put it on properly. Rainy days will be at the Tolland Recreation Center.

- Register for camp online, by mail, fax, or bring to the Recreation Office
- Camp Runs Monday Friday and is for children in grades K – 9
- When enrolling in the 3 day/week option, be sure to choose which three days your child will attend camp
- Participants are grouped by grade entering fall 2017
- Deadline for registration is the Wednesday prior to the week you wish your child to attend

SPECIAL DISCOUNT

Register and pay in full on or before May 12, 2017 for all weeks requested to receive a \$10.00 per week discount.

Crandall's Summer Camp 2017

Day: Monday - Friday 5 DAYS or 3 DAYS

(Must pick 3 days)

Ages: Grades K - 9th

Dates:

Week 1: June 19 – June 23

Week 2: June 26 – June 30

Week 3: July 3 – July 7 (No camp July 4)

Week 4: July 10 - July 14

Week 5: July 17 – July 21

Week 6: July 24 – July 28

Week 7: July 31 - August 4

Week 8: August 7 – August 11

Location: Crandall Park- (Rain location -Tolland

Recreation Department)

REGULAR DAY CAMP HOURS

Time: 8:00 am - 4:00 pm (if you need extended hours you

must also register for extended hours for each week)

Fee: \$165.00 Res. / \$175.00 Non-Res. Regular Day (5 Days)

\$115.00 Res. / \$125.00 Non-Res. Regular Day

(3 Days - must pick 3 days)

continued on page 14

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EXTENDED DAY CAMP HOURS

(Must be registered for regular day camp hours)

Time: 7:30 - 8:00 am/4:00 - 5:30 pm

Fee: Additional \$25.00 Res. / \$25.00 Non-Res.

Added to Regular Price for Extended Day (3/5 Days)

Adult Sports

GOLF LESSONS - Coed

If you want to learn to play golf or improve your game, this course is for you. Learn proper grip, alignment, swing technique, basic etiquette and rules. Instructor: Rick Nelson, PGA Professional

Day: Tuesdays

Date: May 2 – May 23, 2017

Time: 6:00 - 7:00 pm Ages: 16 & up

Fee: \$75.00 Res. / \$80.00 Non-Res. 4 weeks

Location: Skungamaug River Golf Course (end of Goose La)

Day: Thursdays

Date: May 4 – May 25, 2017

Time: 6:00 - 7:00 pm Ages: 16 & up

Fee: \$75.00 Res. / \$80.00 Non-Res. 4 weeks

Location: Skungamaug River Golf Course (end of Goose La)

GOLF LESSONS - Ladies

If you want to learn to play golf or improve your game this course is for you. Learn proper grip, alignment, swing technique, basic etiquette and rules. Instructor: Rick Nelson, PGA Professional

Day: Tuesdays

Date: May 30 – June 20, 2017

Time: 6:00 - 7:00 pm Ages: 16 & up

Fee: \$75.00 Res. / \$80.00 Non-Res. 4 weeks

Location: Skungamaug River Golf Course (end of Goose La)



PICKLEBALL

Are you looking to meet new people, workout, or just have fun? Then pickleball is for you! Come join us for some fun playing one of the fastest growing sports in America. Pickleball is a racquet sport which combines badminton, tennis and ping pong all in one and is easy to learn. Instructor: Ken and

Liz Brown

Day: Tuesdays (advanced)

Date: March 7-

April 25, 2017

Time: 4:30 - 5:45 pm Ages: 45 and up

Fee: \$32.00 Res./\$37.00 Non-Res. 8 weeks Location: Tolland Recreation Department

Day: Thursdays

Date: March 9 – May 4, 2017 (No class April 13)

Time: 5:00 - 6:15 pm Ages: 45 and up

Fee: \$32.00 Res. / \$37.00 Non-Res. 8 weeks Location: Tolland Recreation Department

BASKETBALL Pick-up

The benefits of basketball include great aerobic exercise. It provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improve strength and flexibility. In other words it provides a complete workout and allows you to meet new people while having fun! Pickup games using multiple courts. Register with the Recreation Department for a reduced rate or pay the drop in for \$5.00 an evening. TOLLAND RESIDENTS ONLY. Instructor Phil Doucette

Day: Mondays

Date: January 23 – March 20, 2017(winter) Time: 6:30 - 8:00 pm or 8:00 - 9:30 pm

Date: April 3 – June 5, 2017 (spring) No class April 10, May 29

Time: 7:00 - 9:00 pm Ages: 19 and up

Fee: \$35.00 Res. 8 weeks or \$5.00 per walk-in

Location: Tolland Middle School

Day: Wednesdays

Date: February 1 – March 29, 2017 (winter)

April 19 – June 7, 2017 (spring)

Time: 7:00 - 9:00 pm Ages: 35 and up

Fee: \$32.00 Res. 8 weeks or \$5.00 per walk-in

Location: Tolland Middle School (June 5 and June 7 at T.I.S.)

VOLLEYBALL (Coed)

If you are looking for a fun way to improve your health, volley-ball could be the sport for you. Join us for coed pickup games. No experience necessary. Our experienced instructor will help you learn the game. If you have experience, our instructor will help you improve. A good opportunity to meet new people and make new friends. Sign up with the Recreation Department at the reduced rate or pay the drop in rate \$5.00 an evening. Instructor: Sue Vang

Day: Mondays

Date: January 23 – March 20, 2017 (winter)

April 3 – June 5, 2017 (spring) (No class April 10, May 29)

Time: 7:00 - 9:00 pm

Ages: 16 and up

Fee: \$32.00 Res./ \$37.00 Non-Res. 8 weeks or

\$5.00 per walk-in

Location: Tolland Intermediate School

VOLLEYBALL (Power)

If you have some experience as a volleyball player this program is for you. Coed pick-up games for fitness and fun. Improve your game and meet new people while getting a good cardio-vascular workout. Build muscle and burn fat. Sign up with the Recreation Department at the reduced rate or pay the drop in rate for \$5.00 an evening. Instructor: Sandy Willis

Day: Tuesdays

Date: January 24 – March 21, 2017 (winter)

April 4 - May 30, 2017 (spring)

(No class April 11)

Time: 7:15 - 9:15 pm Ages: 18 and up

Fee: \$32.00 Res./ \$37.00 Non-Res. 8 weeks or

\$5.00 per walk-in

Location: Tolland Intermediate School

JUKIDO ADULT

Jukido is a style of Japanese Jujitsu founded centuries ago. Jujitsu was used by Japan's elite warrior class, the samurai, in battlefield combat. Jukido emphasizes safety and doing one's continued on page 16



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Tolland Town Directory

DEPARTMENT	PHONE
Animal Control	(860) 871-3676
Assessor's Office	(860) 871-3650
Building Department	(860) 871-3601
Elections Administration	(860) 871-3634
Emergency Management	(860) 871-3677
Finance Department	(860) 871-3653
Fire Department/Ambulance (Non-Emergency)	(860) 871-3677
Fire Marshal	(860) 871-3677 x2143
Health District/Sanitarian	(860) 871-3608
Human Resources	(860) 871-3600
Human Services	(860) 871-3648
Library	(860) 871-3620
Planning & Development	(860) 871-3601
Police - Kevin Eklund, Admin. Resident Trooper Lori Sherwood, Secretary	
Probate Court	(860) 871-3640
Public Safety (Non-Emergency)	(860) 871-3677
Public Works	(860) 871-3696
Recreation DepartmentInformation Line	
Senior Services	(860) 870-3730
Solid Waste & Recycling	
Tax Department	(860) 871-3657
Tolland Tykes Preschool	(860) 871-3610
Town Clerk	(860) 871-3630
Town Engineer	(860) 871-3601
Town Manager's Office	(860) 871-3600
Youth Services	(860) 871-3612

best in a no-nonsense approach to self-defense. Instructor: Todd Sise, International Kokondo Association & 4rd Degree Black Belt

Day: Tuesdays

Date: April 4 – June 6, 2017

(No class April 11, May 2)

Time: 8:00 - 9:00 pm Ages: 15 and up

Fee: \$37.00 Res./ \$42.00 Non-Res. 8 weeks

Location: Tolland Recreation Center

KOKONDO KARATE

Kokondo Karate, a Japanese style of karate, uses principles indigenous to the far east and draws from the most effective and traditional techniques from Japan, Okinawa and China. The emphasis is a no-nonsense self-defense and perfection of technique. Instructor: Todd Sise, International Kokondo Association & 4rd Degree Black Belt

Day: Tuesdays

Date: April 4 – June 6, 2017

(No class April 11, May 2)

Time: 8:00 - 9:00 pm Ages: 14 and up

Fee: \$37.00 Res./ \$42.00 Non-Res. 8 weeks

Location: Tolland Recreation Center

SOFTBALL LEAGUE Slow Pitch

Weeknights at Crandall Park starting in May. A good competitive league for adults 18 and over. Some resident restrictions apply. The league consists of established teams. Call the Recreation Department at 860-871-3610 to see about getting on a team.

Day: Tuesdays - Thursdays
Date: Starts in May, 2017
Time: 6:30 pm or 8:00 pm

Ages: 18 and up Fee: Fee by Team Location: Crandall Park

SOFTBALL LEAGUE Slow Pitch (Over 35)

Plays Friday nights at Crandall Park. Fun, friendly competition and good exercise. Tolland residents only. The league consists of established teams. Call the Recreation Department at 860-871-3610 to see about getting on a team.

Day: Fridays

Date: Starts in May, 2017

Time: 6:30 pm, 7:45 pm or 9:00 pm

Ages: 35 and up
Fee: Fee by Team
Location: Crandall Park

Adult Education

ED 2 GO - ONLINE COURSES

Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as \$95!! Ready to explore our catalog? Visit www.ed2go. com/TollandRec.

KNITTING CLASS

Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. All students will need a skein of worsted weight yarn & needles, size 6, 7 or 8 to practice stitches & techniques. Instructor: Lori D'Andrea

Day: Tuesdays

Date: April 4 – May 30, 2017

(No class April 11)

Time: 6:30 - 8:00 pm Ages: 16 and up

Fee: \$45.00 Res./ \$50.00 Non-Res. 8 weeks

Location: Birch Grove School

ZUMBA

Zumba is perfect for everybody! Each Zumba* class is designed to bring people together to sweat. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba* Fitness classes are often called exercise in disguise. Zumba is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Instructor: Marisa Paradis

Day: Thursdays

Date: Session 2: February 16 – April 6, 2017 (winter session)

Time: 6:30-7:30 pm Ages: 16 and up

Fee: \$40.00 Res./ \$45.00 Non-Res. 8 weeks or

\$8.00 per walk-in

Location: Tolland Recreation Department

YOGA AM & PM

The aim of this class is to learn to develop strength and flexibility and reduce stress by performing a series of breathing exercises, warm-ups, simple yoga postures, and meditation techniques to stretch and strengthen the body and calm the mind. No prior experience necessary. Please bring a sticky mat if you have one and a blanket or towel. Register with the Recreation Office or drop in for \$8.00 a class. Instructor: Amy Evans

Yoga Incentive Program: If you get a friend to sign up, you will receive 2 FREE class vouchers which can be used at any Tolland Recreation Department Yoga class within 9 months.

Day: Tuesdays - AM

Date: March 7 – May 9, 2017

Time: 9:00 - 10:00 am Ages: 16 and up

Fee: \$65.00 Res./ \$70.00 Non-Res. 10 weeks or

\$8.00 per walk-in

Location: Tolland Recreation Department

Day: Thursdays - AM

Date: March 9 - May 11, 2017

Time: 9:00 -10:00 am Ages: 16 and up

Fee: \$65.00 Res./ \$70.00 Non-Res. 10 weeks or

\$8.00 per walk-in

Location: Tolland Recreation Department

Day: Mondays - PM

Date: March 6 – May 8, 2017

Time: 6:00 - 7:00 pm Ages: 16 and up

Fee: \$65.00 Res./ \$70.00 Non-Res. 10 weeks or

\$8.00 per walk-in

Location: Tolland Recreation Department

Day: Wednesdays - PM
Date: March 8 – May 10, 2017

Time: 6:00 -7:00 pm Ages: 16 and up

Fee: \$65.00 Res./ \$70.00 Non-Res. 10 weeks or

\$8.00 per walk-in

Location: Tolland Recreation Department

Trips

For residents of Tolland, Ashford, Coventry, Ellington, Mansfield and Willington (Spaces must be reserved through your town of residence)

A DAY ON YOUR OWN IN BOSTON

Plan a fun day in Boston! We'll take you to Boston, drop you off at several locations and pick you up at a pre-determined location at the end of the day. The bus will drop off at the following locations and public transportation is available for many others; info can be found at www.mbta.com.

- **Boston Flower Show:** Held at the Seaport World Trade Center, this year's theme is Superheroes of the Garden! For more info and to purchase tickets, check out http://www.bostonflowershow.com.
- Boston Science Museum: Trip-goers can easily spend an entire
 day exploring this museum. For more info about exhibits and
 special events and to purchase advance tickets, check out
 www.mos.org.
- Quincy Market and Faneuil Hall: Trip-goers can walk around, shop and get great food at this historic area in Boston. More information can be found at www.faneuilhallmarketplace.com.

Date: Saturday, March 25th Reg. Deadline: Friday, March 10th

Departs From: Tolland Commuter Lot, I-84 Exit 68

(Near Dunkin Donuts)

Departure Time: 7:00 am
Return Time: 7:00 pm
Fee: \$40 per Person

9/11 MEMORIAL; MANHATTAN TRIP - Lower Manhattan.

This is, after all, where the City began. Sights like Trinity Church, Federal Hall, Wall Street, One World Trade and the 9/11 Memorial & Museum are centuries apart in their creation, but all bring undeniable emotional impact. We'll drop you off in Lower Manhattan where you will be free to wander on your own. You can book a tour or take a self-guided tour, visit a museum or spend the day shopping. There are so many things to do and see in Lower Manhattan. Here are just a few suggestions...

Things to do in Lower Manhattan -

http://www.nycgo.com/boroughs-neighborhoods/manhattan/lower-manhattan

9/11 Memorial & Museum -

http://www.freetoursbyfoot.com/visit-911-memorial-nyc/

Statue of Liberty -

http://www.freetoursbyfoot.com/visit-statue-liberty/

Staten Island Ferry -

http://www.freetoursbyfoot.com/staten-island-ferry/

Walk over the Brooklyn Bridge -

http://www.freetoursbyfoot.com/walking-the-brooklyn-bridge/

Before getting back on the bus to come home, don't miss your chance to have dinner in the Stone Street Historic District. Located just a few blocks from the modern high rise buildings of Wall Street, Stone Street remains a cobblestone testament to New York's Dutch past.

Date: Saturday, April 22nd Reg. Deadline: Friday, April 8th

Departs From: Tolland Commuter Lot at Exit 68 off of I-84

Departure Time: 7:00 am Return time: 10:00 pm

Fee: \$50.00/person (transportation only)

LOOKING FORWARD TO MORE TRIPS IN 2017

May 13 – Bronx Zoo,

June 10 – Boston Red Sox game,

July 4 – James Taylor at Tanglewood,

August 5 – Newport RI Jazz Festival

September 2 – Red Sox vs. Yankees game

October TBA – Day at Monadnock New Hampshire

Trails/Dinner,

November 11 – Radio City Trip,

December 2 - A Day in New York City

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Recreation Happenings

THE EAGLE FREEZE!

Title Sponsor: C.N.C. SOFTWARE

Saturday, February 25, 2017

The Tolland Recreation Department is challenging everyone to the Eagle Freeze! Come and jump in the ICY WATERS OF CRANDALL PARK!! Participants are asked to raise a minimum of \$25 to participate in the event. Participants are encouraged to dress in costumes. All the profits will benefit Youth Programming for the Recreation Department, Tolland High School Athletics, and the Tolland CERT 40 Team (Community Emergency Response Team).

Awards will be handed out for the following categories:

- · Most money raised by an individual
- Best individual costume

Event Information:

The Tolland Recreation Department will be holding its 1st Annual Eagle Freeze Fundraiser to benefit the Youth Programming for the Recreation Department, Tolland High School Athletics, and the Tolland Fire CERT Team.

Date: February 25, 2017 Ages: 8 and older

Time: 1:00 pm (please check in NO LATER than 12:30 pm

at the Concession Stand)

Location: Crandall's Park, 64 Cider Mill Road

Fee: Minimum of \$25 donation

Tolland Public Library

Library Project

Much activity is going on in the older section of the library to achieve completion by the end of 2016. The list of things to be accomplished include the installation of the audiovisual equipment and the RFID system, receiving and shelving the materials that have been in storage, and reconfiguring the spaces to take advantage of our expanded area. Once this has all been completed a grand reopening celebration will take place. Stay tuned!

Adult Events

Housing will be the focus of the Wednesday, January 18 program. Information on buying houses will be given at 6 pm and a program on selling houses will take place at 7 pm. To register, call the Tolland Public Library at 860-871-3620 or visit www.tolland.org/library and click on the Online Library Events Calendar.

Michael Beattie, a Storrs resident, spent five months on the road travelling 12,124 miles to spread the message and raise money for hungry and homeless veterans. A Navy veteran himself, he circled the country to raise awareness. Mr. Beattie will be speaking on Tuesday, January 31 at 6:30 pm. This event was rescheduled from Tuesday, December 13. To register, call the Tolland Public Library at 860-871-3620 or visit www.tolland.org/library and click on the Online Library Events Calendar.

ONGOING GROUPS

Join the Friends of the Tolland Public Library for their monthly meeting on Monday, January 9 at 11 am.

The Adult Book Discussion Group will meet on Tuesday, January 17 at 2 pm to discuss The Revenant by Michael Punke.

The Writers Workshop will meet on Tuesday, January 17 at 6 pm.

Knitting at Night will meet at 6:30 pm on Tuesday, January 10 and on Tuesday, January 24.

The Cook Book Club will meet on Monday, January 30 at 6:30 pm.

Nookless Knitters meet every Friday at 10 am.

Children's and Young Adult Programs TAKE YOUR CHILD TO THE LIBRARY DAY

Families are invited to stop by for the library's annual Take Your Child to the Library Day, on Saturday, February 4th. Play a game, do a puzzle, read aloud, make a book mark – and of course, take out lots of books! Kids ages 3 and up can make a Valentine for someone special from 10:30-11:30 am in Hearts & Crafts. Check the library online calendar for specific times for other events - like our reading therapy dogs in the afternoon.

Reading Therapy Dogs Dolly and Vinny will be at the library each month to assist new readers with their read-aloud skills (children read aloud to the dogs). Contact Mrs. B at vbrousseau@tolland.org to sign up your child for a session –it's a great confidence booster in a relaxed, nonjudgmental setting.

CONTINUING STORYTIMES:

Tolland Public Library supports early learning with a variety of preschool programs that encourage and promote early literacy skills and school readiness. Parents and day care providers may sign up any time for:

Library/Family Resource Center Story Playgroup for ages

2 to 5: meets on Tuesdays from 10:15 am – 11:15 am. Miss Laurel from the FRC and Mrs. B present a joint story/playgroup. To sign up, call the library at 860-871-3620. Will not meet on: 2/21 or 4/11.

Books and Babies: for ages 6 to 23 months, meets on Wednesdays at 11:15 – 11:45 am.

Preschool Storytime for ages 3 to 5, meets on Wednesdays at 10:15 – 11 am.

Toddler Storytime for ages 2+ meets on most Thursdays at 10:30 – 11:15 am. Meets at 1:30 – 2:15 pm on: 2/16, 3/16, and 4/27.

PI STORYTIMES:

These are held monthly on Thursday evenings at 6:30 to 7:00 pm for families with children ages 2 to 8. Join us for: **Groundhog PJ Storytime** on February 2nd at 6:30 pm and a **Teddy Bear Sleepover PJ Storytime** on March 2nd at 6:30. Kids are invited to bring their teddies on the 2nd and leave them for a library adventure, then pick up the bears on Sat. 3/4 from 10:30 – 11:30 am.

Silly Storytime Saturday, April 1st from 10:30 to 11:30 am for ages 3 and up.

WEEKLY CHILDREN'S CHESS GROUP:

Budding chess players in grades 3 and up who already have some experience with the game are invited to a weekly library chess group which meets Tuesdays from 4 to 5: 30 pm. The group is led by Ed Faber, and is free, but signup is required.

TEEN POETRY SLAM:

The library's annual celebration of teen poetry, sponsored by the Tolland Public Library Foundation, will be held on: Thursday, March 16th, at 6:30 pm. Poets in grades 7 and up are invited to participate. Rules and entry forms will be available at the library and on the Foundation web page.

Young Authors' Night, on Thursday, April 6th, at 6:30 pm. For writers and poets in grades 3 to 8. Participants read aloud an original poem or composition. Contact your teacher or Mrs. Brousseau to sign up.

VOLUNTEERING:

Students in grades 7 and up who need to volunteer for school, scouts, church, National Honor Society, or for personal interest are invited to drop by the library to sign up to volunteer, or contact Mrs. B at: vbrousseau@tolland.org.

Children's and young adult programs at the library are free and open to the public. To check out daily library happenings

and school vacation week programs, check the library events calendar at www.tolland.org/library.

Friends of the Tolland Public Library FRIENDS OF THE TOLLAND PUBLIC LIBRARY

The Friends is a longstanding, non-profit organization dedicated to supporting and providing additional funding for library activities and materials, museum passes and programs. All you have to do to be a Friend is give a monetary donation. Almost 100% of your tax-deductible donation goes directly to the library. If you would also like to be an active supporter, our meetings are held the first Monday of the month (Sept.-June). We would love to have you join us!

CHECK OUT A MUSEUM PASS - AN ADDITIONAL LIBRARY CARD BENEFIT

Here's a chance to go to a new museum or visit a favorite area attraction for free or at a reduced admission. The Friends sponsor almost all of the 18 passes available to Tolland patrons. Some of our more popular passes include Old Sturbridge Village, the New England Air Museum, the Lutz Children's Museum and the New Britain Museum of Art. Warmer weather will be here soon and the Connecticut State Parks pass includes the beaches. An adult Tolland library card is all that is needed to check out a pass. All passes can be reserved in advance. Brochures with a complete listing of passes can be obtained at the circulation desk.

SHOW YOUR SUPPORT WITH FRIENDS PROMOTIONAL ITEMS

Purchase one of our promotional items and show your support for our library. All money from the sale of these items will be used to complement and strengthen library services.

TOTE BAGS - \$10 - pink, teal and green with zippered closure & outside pockets.

ALL-PURPOSE BAGS - \$6 - padded with zippered closure - 8"X 5" - keep your small items organized or protect your mini e-reader.

PHONE HOLDER - \$3 - no-slip design, folds flat. CATNIP MICE - \$1 - treat your favorite feline to a new mouse to play with.

FRIENDS NEW BOOK SALE ROOM

The Friends are excited to have their own room for their on-going used book sales. Located in the newly expanded space, it will offer a wide variety of hard cover and paperback books at bargain prices. Next time you visit the library, stop by and check it out. We think you will like it as much as we do!

Important Notice from Tolland Tax Office

The second installments of Real Estate, Personal Property, and Motor Vehicle tax bills, as well as the Supplemental Motor Vehicle tax bills, are due in January 2017. The last day to pay without interest is Wednesday, February 1, 2017. Please note: our mailing address is 21 Tolland Green, Tolland, CT 06084. We no longer have our PO Box and payments mailed to the PO Box will be returned.

In order to ensure you pay on time, please follow these guidelines.

- 1. In person pay your bill early in the month to avoid waiting in line. Wednesday, February 1, 2017, until 4:30 pm is the last time you can pay in person. Tax Office hours are Monday Wednesday, 8:00 to 4:30 and Thursday, 8:00 to 7:30. Town Hall is closed on Friday.
- **2. By drop box** place your payment in the drop box outside of the main Town Hall entrance from parking lot C no later than 4:30 pm on Wednesday, February 1, 2017.
- **3. By mail** mail your payment early in the month or bring it

- inside the Post Office and ask to have it "hand cancelled" by a postal service employee no later than February 1, 2017. That's the only way you can ensure an on-time post mark.
- **4. Online bank payments** if making an online payment through your bank, please do so early in the month as these payments do not carry a postmark on the envelope. Please update your online bill pay to the mailing address above.
- **5. By credit card** go to the Town of Tolland website, www.tolland.org, click on Help Center and Pay Taxes Online. ACH payments (electronic checks) cost \$1.95 and credit card payment fees will be 2.95%. Your transaction must be completed no later than midnight on February 1, 2017.

All payments received after the above dates will be considered late and will incur interest charges as required under CT State Statutes. If you have any questions or need assistance with paying online, please call 860-871-3657 or 860-871-3654. Have a happy and healthy winter season.

Tolland Planning and Development

When is the last time you pumped your septic system? If you don't know or it's been a few years, it might be time. You should pump every 2-3 years or as recommended by your pumping company. Your pumping company can help determine the best schedule based on how you use your tank. For more information, see the town's website at: http://www.tolland.org/health-districtsanitarian/pages/septic-system-care, call us at 860-871-3601, or talk to your septic tank pumper.

Do you have a pond, stream or brook on your property? If you plan to build

an addition, deck, shed, other structure or conduct heavy maintenance on land in or around a water body you may need a Wetland Permit per State and Town regulations. The purpose for the permit is to ensure that best management practices are used to protect a valuable natural resource for current and future generations. Town Staff in the Planning and Development office are more than willing to help determine if a permit is needed and will assist you with the application process. For more information or questions contact Kevin Berger, Assistant Planner / Wetlands Agent at kberger@tolland.org or by phone at 860-871-3601.

Explore Tolland with online mapping.

You can explore town via our online mapping service at www.tolland.org, Planning & Development and select "Mapping: On-line GIS" in the left sidebar. Zoom in to explore or use the search feature to find a specific property. You can look at the property card, see if there might be wetlands, look at topography, check zoning and look at air photos from 2009 and 2012. Please note that the data does not have the same level of accuracy as a property survey and may not represent the most current information. The maps are for general reference.

Building Department

Did you know that many permits can be applied and paid for online? From the homepage of Tolland.org, click on the Building Department Online Permitting button. While you're on the Building Dept. page, please browse through our many informative handouts. There is quite a bit of information regarding swimming pools, decks, additions and the permit application process in general. Remember to schedule a final inspection appointment to properly close out your permit. Open Building Permits will impede the sale of your home and may give cause to an insurance company to deny a claim.

With the snow and ice, come many problems for our homes. Residents with direct-vent pellet stoves, boilers, water heaters and furnaces should verify that the intake and exhaust vents are not buried by blowing and drifting snow. Direct-vent appliances are those that don't have a typical chimney system. They often have plastic pipes going through the exterior wall, low to the ground. If these pipes are blocked, deadly carbon monoxide can build up in your home. Please don't become a statistic!

Some people experience ice dams in their homes. Ice dams are

caused by melting snow on the roof turning to ice and getting under the shingles. When it melts, it ruins insulation, drywall and painted finishes and may cause mold growth. Ice dams are most often caused by insufficient insulation in the attic and bathroom exhaust fans venting directly into the attic. A competent, licensed, insured contractor should be consulted to remedy the situation. Especially considering the high cost of heating oil and propane, it always makes sense to address these energy wasting situations.

The Building Official, James Paquin, is typically available in the office to answer questions from 8:00-10:00 am and noon-2:00 pm, plus 6:00-7:30 pm on Thursdays.

Fire Department & Public Safety

IS YOUR STREET NUMBER VISIBLE FROM THE ROAD?

Residents and Business Owners are asked to please check their street address numbers. Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for \$16. The signs measure 6" wide and 18" long. Your house numbers are placed on both sides and the blue coating is also reflective. These signs will make your address easier to find and they also make great gifts! For an order form please visit www.tollandfire.org , click the Forms button on the left. Questions? Call 860-871-3677 x2158.

VOLUNTEERS WANTED FOR EXTREME WEATHER EVENTS

Now that winter is in full swing, Tolland Emergency Management continues to plan for extreme weather events and, in preparation, we are updating our volunteer listings. At this time we are looking for those residents who own snowmobiles and would be willing to loan them to Tolland Emergency Management in advance of potential large-scale events. As part of our confidential list, your information would be shared with limited emergency personnel and only in the case of an emergency. In the past we have had to spend time locating snowmobiles to borrow and have also had to rent them; absorbing the rental fees. We currently do not have snowmobiles available and want to create a listing before we need them. In the past, we have successfully used them to respond to medical calls when no other form of transportation could get to our patients. Snowmobile owners could be called upon to assist in other types of emergencies as well. Therefore we are asking you to consider signing up on our snowmobile listing. continued on page 22



Fire Department... continued from page 21

Also, we are creating a listing of those residents who own 4-wheel drive vehicles that would be willing to assist during an extreme weather event by providing rides to doctors, nurses and other medical staff who need transportation to hospitals etc. should emergency personnel become overwhelmed.

If you would like have your name placed on one or both of our volunteer lists, please email volunteer@tolland.org. In the subject line please state either snowmobile or 4-wheel drive volunteer. Please include your name, address, phone number and availability. You will be contacted to complete the necessary community service volunteer paperwork. Thank you for your continued community support.

PLEASE KEEP FIRE HYDRANTS FREE FROM SNOW

The Fire Department would like to remind residents and business owners to please remove snow and ice from hydrants that are adjacent to their property this winter. It is extremely important that fire hydrants are accessible at all times. Please periodically inspect hydrants located near your property and remove any surround-

ing snow and ice build-up in case the Fire Department needs to access them in an emergency. Thank you for your assistance in helping to keep Tolland safe!

HOME SAFETY REMINDERS

Tolland Fire Department would like to remind residents to make sure that all vents in their homes be kept clear of snow and ice during the winter months. Some homes' furnaces are directly vented to the outside and could become obstructed should large amounts of snow be allowed to accumulate. Dryer vents should also undergo this periodic inspection. We encourage residents to periodically conduct a visual inspection of all their homes' vents.

As always it is extremely important to keep at least two entries/ exits to your home clear at all times. Be sure to keep them free from snow, ice or other obstacles that could prohibit you from making a quick exit should the need arise. Also remember to keep a path clear to your home's heating fuel inlet source so that deliveries can continue without interruption.

Tolland Human Services

Town of Tolland Fair Housing Notice

The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, religion, sex, familial status (including children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under the age of 18), and handicap (disability).

Under the Connecticut Fair Housing Act, it is against the law to deny anyone housing based on race, color, national origin, sex, ancestry, religion, children or family status, mental or physical disability, marital status, age (except minors), sexual orientation, or legal source of income. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at (860) 871-3611, Mon.-Wed. 8:00 am-4:30 pm, Thurs.

8:00 am-7:30 pm, closed on Friday. For more information you can also contact The Connecticut Fair Housing Center, 221 Main Street, Hartford, CT 06106, 860-247-4236, or email at info.@ctfairhousing.org. The Connecticut Fair Housing Center also has information about foreclosure prevention.

Beverly Bellody, Director of Human Services serves as the Fair Housing Officer for the Town of Tolland.

Tolland Human Services Personnel

Residents may call any of the following Tolland Human Services personnel for more information about state programs and local initiatives:

Beverly Bellody, M.S., Human Services Director (860) 871-3611

Nancy Taylor Dunn, L.P.C., Assistant Director Human Services (860) 871-3612

Stephanie Mansell, B.S., Human Services Case Manager (860) 871-3615

Fran Weigand, Senior Center Director

(860) 870-3725

Rebecca Ellert, Elderly Outreach Case Worker (860) 870-3726

Bridget Joy, Administrative Secretary, (860) 871-3648

Assistance Programs:

CONNECTICUT ENERGY ASSISTANCE PROGRAM (CEAP/CHAP)

Tolland Human Services is now taking applications for the 2016/2017 Connecticut Energy Assistance Program. Applications will be taken through 4/27/17 (utility-heated with shut-off notice, through 5/11/17). On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets.

Homeowners and renters may apply. Eligibility is based on annual gross income and household size.

INCOME GUIDELINES FOR CONNECTICUT ENERGY ASSISTANCE PROGRAM:

Household Income Guidelines - 2016/2017

1	2	3	4	5	6	7
Under						
\$33,880	\$44,305	\$54,730	\$65,155	\$75,579	\$86,004	\$87,959

To request a list of required documentation, schedule an appointment or learn more about this and other programs, contact Administrative Secretary Bridget Joy, (860) 871-3648, to be directed to the appropriate staff. Residents may also contact the ACCESS Agency in Williamntic, (860) 450-7423. We are unable to process walk-in applications.

FOOD BANK

The Food Bank gratefully appreciates donations from individuals, neighborhoods, youth groups, organizations and businesses. Tolland residents needing to use the Food Bank, and those wishing to make donations to the Food Bank, may contact the following staff members: Seniors - contact Rebecca Ellert, (860) 870-3726. All other households - contact Stephanie Mansell, (860) 871-3615.

FOODSHARE MOBILE FOOD PANTRY

The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 9-9:30 am in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact FOODSHARE at (860) 286-9999 or the UCC office at 860-875-4160, or visit the FOODSHARE website, www.foodshare.org. For the next few months, distribution at the Tolland site will be on the following dates: January 19; February 2 & 16; March 2, 16 & 30; April 13 & 27, 2017 from 9:00-9:30 am. Residents participating in the program must bring their own bags.

YOUTH PROGRAMMING

TYSCT Coffee House Winter & Spring 2017 performances:

Watch for audition and event dates! Performances are at 7 pm in the Tolland High School café. The Coffee House features original and popular vocal selections performed by area high school youth. Admission, which includes light refreshments and coffee, is \$5 and a non-perishable food item for the Tolland Food Bank.

TYSCT Summer Musical - SAVE the dates! Performances - Friday & Saturday, July 22 & 23, 2017 Audition Date, Rehearsal continued on page 24



Human Services... continued from page 23

schedule and show title to be announced at a later date. Watch for press releases about future TYSCT events. For more information residents may contact Nancy Dunn at 860-871-3612 or nancydunn@

tolland.org. Please visit us on Facebook at The Coffee House - TYSCT, and at www.tolland.org.

Senior Center News

SENIOR CENTER DAY TRIPS FOR 2017

All trips are subject to change

Contact the Senior Center to make a reservation (860-870-3730).

April 13th Westchester Dinner Theatre - "Mama Mia"

(\$99.00)

July 18thMaine Lobster Kennebunkport (\$92.00)October 11thVermont Foliage Train Ride (\$96.00)December 7thStageloft Theatre/lunch at Salem Cross Inn

"Winter Wanderettes" (\$80.00)

SENIOR CENTER OVERNIGHT TRIP FOR 2017

May 31-June 2, 2017 Bar Harbor, Maine \$469.00 PP double

AARP TAX-AIDE

Tolland Senior Center is pleased to offer on-site assistance with filing your taxes. There are no age requirements and you do not have to be a Tolland resident or an AARP member. This is a free service and is staffed by trained volunteers willing to give their time.

Appointments will be available from February 7th-April 11th on consecutive Tuesdays. (February 7th, February 14th, February 21st, February 28th, March 7th, March 14th, March 21st, March 28th, April 4th, April 11th.) One hour time slots will be available starting from 12 pm-1 pm, 1 pm-2 pm, 2 pm-3 pm, 3 pm-4 pm. Appointments must be made either in person at the Senior Center (674 Tolland Stage Road) or call Fran Weigand at 860-870-3725.

On the day of your appointment you will be required to complete an interview questionnaire, bring a form of photo identification, and bring the following documents as applicable to your financial situation:

- · copy of last year's tax return
- proof of all income sources (which could include W2 for earned wages, unemployment compensation)
- SSA-1099 for Social Security
- 1099-MISC for miscellaneous income
- 1099-R for pension or annuity income
- proof of interest or dividends (all 1099 forms)
- all forms indicating federal income tax paid
- dependent care provider information
- all receipts or cancelled checks for itemized deductions (such as property tax, car tax, medical expenses),
- Social Security cards for you and all dependents.

Also, please bring your checkbook for refunds to be directly deposited into your account.

AARP DRIVING COURSE

Offered at the Tolland Senior Center, 674 Tolland Stage Road, Tolland Saturday, April 8, 2017, 8:30 am to 12:30 pm Registration required, please call the Senior Center at 860-870-3730.

ANNUAL SENIOR CENTER VARIETY SHOW

Friday, April 28, 2017 at 7:00 pm, Tolland High School, 1 Eagle Hill, Admission: Adults \$10; Students \$7

Tolland Board of Ed Message

Well the weather outside is frightful, and "tis the season" for snow – but the Tolland Public Schools have a lot of great things to keep you going! If science is your thing, check out the FRC Science Night from 6:00 – 7:00 pm on January 25th, and for those with young readers check out our FRC Family Literacy Night 6:00 – 7:00 pm on February 9th. For more information, contact Laurel Leibowitz @ lleibowitz@tolland.k12.ct.us.

On Wednesday, February 8, 2017, the Eastern Highlands Health District (EHHD) in collaboration with Tolland High School will host a program entitled, "Our Community, Our Concern: The Opioid Epidemic." The program will feature speaker Greg Williams, a national recovery leader and Director of the award-winning film, The Anonymous People. Other panelists include founder of Justice's Fight, Jennifer Kelly,

Mansfield's Director of Human Services Patricia Schneider, and Coventry's Police Chief Mark Palmer. A drug take-back station will be sponsored by Troop C of the Connecticut State Police. The doors will open at 5:30 pm with the keynote address beginning promptly at 6:30 pm. Some childcare will be available. If you have any questions contact Rob Miller, Director of Health for the EHHD, at 860-429-3325 or Assistant Principal

of THS, Margot Martello, at 860-870-6818, extension 10905.

On March 16, 2017 learn all you can about the Department of Developmental Services, DDS Eligibility, and DMR funding for children. Mary Stark, DMR Transition Advisor will be here from 6:00 – 8:00 pm at Tolland High School.

On April 5th, 2017 at 7:00 pm in the THS library join us for a presentation on Childhood Anxiety Disorders by Dr. Elizabeth Davis. Dr. Davis has presented at numerous professional conferences, schools, and academic

medical settings on the topic of childhood anxiety disorders. Come, learn, and share!

And finally, as always, you are always welcome at the Breakfast with the Superintendent held at the Tolland Public School Central Office, 51 Tolland Green – 9:00 am to 10:00 am on February 6, March 6, April 3, May 1, and June 5. Come eat donuts, drink coffee, ask questions, and share ideas. All are welcome!

Check the TPS out on Facebook at www.facebook.com/tollandpublic-schools





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Gayle A. Block, D.V.M., M.S. Lisa DeRosa, D.V.M.

Parkinson's Exercise Program

East Shore Region Adult & Continuing Education is hosting classes. Beat Parkinson's Today is an exercise program designed specifically to improve Parkinson's symptoms.

There are presently 12 classes per week in 4 locations in CT with almost 50 Parkinson's clients participating. Results have been astounding. Clients have improved gait, balance, fine motor control, explosive movement, attitude, self-image, and fatigue. Some have lowered their dosage of their medications.

860.463.3747

email at info@beatpdtoday.com, or visit website www.beatpdtoday.com



Programs Offered at the Tolland Family Resource Center

1. FULL-DAY/FULL YEAR PRESCHOOL CHILD CARE

- The FRC offers referrals to full day infant/preschool childcare programs.
- FRC offers preschool programs on Tuesdays and Thursdays from 9:00-11:30 am for 3 year old and Mondays, Wednesdays and Fridays from 12:30-3:00 pm for 4 year olds.
- FRC offers Preschool Enrichment for 3-5 year olds on Monday-Friday from 9:00 am -1:30 pm. Parents may choose from 2 to 5 days.

Registration is January 17, 2017 for in house families. Priority is given to in house families until Open registration begins, February 1, 2017. Then it is first-come/ first-served. Preschool Lottery is drawn February 12, 2016.

2. SCHOOL AGE CHILD CARE

FRC offers: Before and After School, Vacation/ In-service Day Care and a Summer Camp, all programs are open from 7:00 am-6:00 pm. Registration for the 2016-2017 School year opens to the public on February 1, 2017. Registration for the Summer Camp is open March 6, 2017, for full weeks.

3. FAMILIES IN TRAINING

- The FRC offers a variety of family programs and events throughout the day.
- Playgroups, Parent and Teacher Together (PACT) classes, Grow with Me for Two and Three Year olds and their special adult, Spanish Classes, Music Together
- Monthly Evening family events and playgroups
- Our PAT program (Parents as Teachers) which provides home visits to Tolland Families.

- Please check our website for programs that are currently being offered
- www.myteacherpages/webpages/TollandFRC

4. RESOURCE AND REFERRAL

 The FRC refers families to other community agencies and childcare programs.

5. ADULT EDUCATION & FAMILY LITERACY

- FRC refers to Adult Education Vernon
- We offer an adult ESL program through VRABE.
- Family literacy is ongoing throughout our programs.
- FRC collaborates with Tolland Library to provide a literacy playgroup.

6. SUPPORT AND TRAINING FOR CHILD AND FAMILY DAY CARE PROVIDERS

- Monthly Evening Trainings for care providers (usually the first Monday of each month)
- Playgroups for Providers
- Preschool Activity and Childcare Fair offered yearly, for businesses to showcase their programs.

7. POSITIVE YOUTH DEVELOPMENT

- FRC collaborates with Tolland Youth Services
- School Age Care Programs offer many program actives that foster positive youth development.
- We offer Buddy opportunities for students to role model and assist special needs children in All Star Bowling and Challenger Baseball.

Tolland Family Resource Center Support

The Tolland Family Resource Center located at Birch Grove Primary School and Tolland Intermediate School is dedicated to support and assist Tolland families. Registration for 2017-2018 preschool and before and after school care begins in February 2017.

Check out our website

www.myteacherpages.com/webpages/ Tollandfrc or call Laurel Leibowitz 860-870-6750 x 30215 for additional details. NEW PLAYGROUPS WILL BEGIN IN JANUARY 2017.

Monday

Morning Movement 9:00-9:45 am; all ages; BGP FRC; Free

Book Worms and lunch bunch fun ages 3-5; 11:00-12:30 pm; \$65; BGP FRC

Tuesday:

1000 Books B4K for 0-5 year olds Tolland Library; 10:15-11:15 am, Free Preschool Spanish and Fun 1:30-3:00 pm; \$100 for the semester; BGP FRC Spanish for school aged children 3:30-4:30 pm; \$100 for the semester; BGP Media Center Wednesday:

Grow with Me 2's and 3's 9:00-10:30 am; \$58 per month Little Chefs lunch bunch and cooking

class ages 3-5 at TIS, 11:00-12:00 pm; \$65 for the semester

Thursday:

Find the Artist in Me 1:30-3:00 pm; \$65 for the semester; BGP FRC

Friday:

Babies Toddlers and Twos 9:00-10:30 am; \$30 per child (6 weeks)

olland High School Athletics















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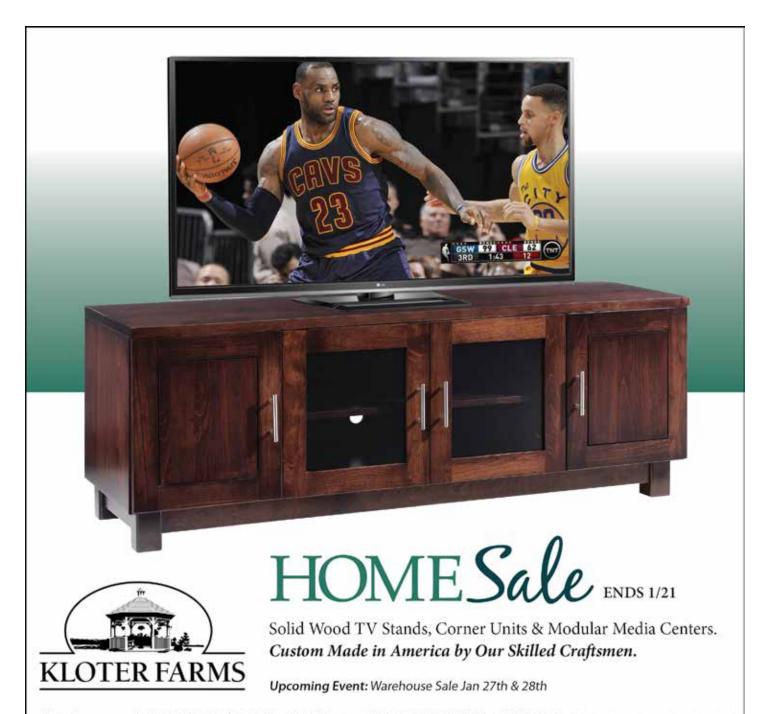
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